

Visit our website to print a copy of this chart every month and keep the good brushing habits going!

My Monthly Tooth Brushing Chart

Sparkle up your teeth once in the morning and once at night































Sparkle up your chart by coloring a sun or moon every time you brush to earn your weekly & Monthly 100% Bonus!

Name: _____

Month: _____

100% Bonus!

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Week 1
Week 2
Week 3
Week 4